

STRIVE



— *ELLIE BLACK*

LEADS OUR NEXT GENERATION

PETRO-CANADA FUELS
ATHLETES AND COACHES

TOLLER CRANSTON'S
LEGACY LIVES ON



FOUNDATION
FONDATION



MESSAGE FROM THE CANADIAN OLYMPIC FOUNDATION

For many people, spring signifies a fresh start. Time to set goals, and dust away the cobwebs of winter. It's time to de-clutter our homes and lives. For our summer athletes, many training camps are well underway and for some competition seasons have already begun. For our winter athletes, it's time to reflect upon the past year of achievements and challenges and fine tune the plan to prepare for off-season training. With less than 300 days to go until PyeongChang 2018, there's no time to spare.

Canadian athletes won 25 world championship medals this past season, leaving us tied for second in the final overall title rankings. The Winter Games are our domain, and we're striving to be the top nation in 2018.

Skiers like Erik Guay, Mikael Kingsbury and Alex Harvey are helping us get there. In February, Erik stormed the slopes and won silver in the men's downhill at the 2017 World Alpine Skiing Championships in St. Moritz, Switzerland. That achievement came hot on the heels of his super-G gold at the same event. Mikael Kingsbury was once again the picture of consistency this season. He secured his sixth-straight Crystal Globe honour as the World Cup overall winner. Cross country skier Alex Harvey has been a standout on the Canadian Nordic team for years but came alive this year, winning gold in the 50km freestyle race at the world championships in March.

Veterans Erik, Mikael and Alex promise to electrify Canadians with their PyeongChang performances, but Canadian rookies are ready to pull their weight. Alpine skier Valerie Grenier (*editor's note: Valerie was featured in the winter 2017 issue of Strive*), moguls specialist Andi Naude and skeleton athlete Mirela Rahneva are slated as likely first-timers for PyeongChang, and posted incredible results on the international circuit.

Learn these names now! Each of these athletes have incredible stories and you helped them reach their current heights. The Canadian Olympic Foundation supported these athletes throughout the past season – from veterans like Erik Guay who at 35 years old is hitting his stride – to young, engaging athletes like Valerie Grenier who at age 20 have a lot to learn but nothing to lose. We will continue to do so in this critical Olympic year, all thanks to your generous donations. Thank you for your continued support.

**Hélène Desmarais, Board Member,
Canadian Olympic Foundation**

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We would love to hear from you! Please send your comments to:

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Ellie Black

OLYMPIAN PROFILE



Hailing from Halifax, Nova Scotia, the odds were stacked against this Atlantic Canada athlete. But with the help of her teammates, Ellie Black was able to flourish and become one of Canada's greatest female artistic gymnasts. In 2012, she helped notch Canada's best ever 5th place finish in the team event in her first Olympic Games in London. Three years later, she became Canada's most decorated athlete at the 2015 Toronto Pan Am Games, followed by a national-best 5th place performance in the all-around individual event in Rio 2016.

Ellie was not a front runner for the London 2012 Olympic Team. She suffered two major injuries in 2011, including a broken toe and a dislocated elbow right before the start of her qualifying season. Fortunately, she worked tirelessly on rehabilitating and just made the cut for the Olympic Team as one of the youngest athletes at the age of 16. But she was welcomed with open arms.

"I was definitely the least experienced, but I was very lucky because some of the older girls on the team took me in and I felt like I was a part of the family," she says.

According to Ellie, that exact experience is what she hopes to recreate for her teammates and the next

generation of athletes. Coming off an incredible five-medal performance at Toronto 2015, she entered Rio 2016 not as the young underdog, but the established leader of a budding gymnastics team. With two Olympic Games and a Pan Am Games under her belt, she now acts as a mentor for her younger teammates who are experiencing the Games for the first time.

"I let them know that it's okay when things aren't going their way. I want them to be able to come to me when they have any concerns or questions because I want to be by their side. That's something I definitely want to share with the younger ones."

What Ellie loves most of all is inspiring tomorrow's athletes. She regularly leads school presentations with the Nova Scotia Sport Hall of Fame, travelling to schools across her home province to speak to the next generation.

"I get to see the kids, share my story with them, share a bit about our sport heroes in Nova Scotia, and give them things to think about and hopefully inspire them to go for their dreams and goals. It's cool to go to the smaller schools, the ones who don't get those opportunities as much the ones in the cities. And I think something small like that can really make a difference for these kids."

Impacting the lives of young Canadians is one of the main reasons why she's hoping to compete at upcoming 2017 Artistic Gymnastics World Championships in Montreal. It will be the first time the international competition is held in Canada since 1985. Competing in front of a home crowd is an experience she was honoured to be a part of at the Pan Am Games.

"Competing in Pan Am in Toronto was probably one of the most amazing experiences that I've had the opportunity to be in because it was in Canada. You have the hometown crowd: your friends and family, and people who support you across the nation. I remember at the end of my floor routine I couldn't hear my floor music because the crowd was cheering so loud for Canada. Honestly, I get goosebumps thinking about it."

Ellie is the first female Nova Scotian to become an Olympic gymnast, a feat she is very proud of. Her dream: to inspire the next ones.

"I hope that younger girls from smaller provinces can see that it doesn't matter where you come from. You can make your dreams a reality and you can make it happen."



Left
Ellie Black celebrates her gold medal in floor exercise in artistic gymnastics competition at the Toronto 2015 Pan Am Games.

Right
Ellie Black sticks the landing in vault on her way to a bronze medal at Toronto 2015.

Mike Ridewood/COC

Toller's Legacy Lives On

TOLLER CRANSTON WAS
A TRAILBLAZER, ON AND
OFF THE ICE



Above
Friends and family of the skating community gather at the Art Gallery of Ontario for the Toller Cranston Memorial Fund launch event in 2015.

Right
Toller Cranston brought a unique style of artistry to figure skating.

Phillippa Baran
Scott Umstätt

He transformed the world of skating with his flamboyant style. As an Olympic medallist, Toller Cranston was renowned for artistry and innovation. In a sport that has evolved to favour technical difficulty and feats of athleticism, he was known for his freedom of expression and dramatic showmanship on the ice. He pioneered the artistic movement in competitive skating and paved the way for Canadian skaters such as Michael Slipchuk and Eric Radford. Off the ice, Toller was a world-renowned artist. His paintings—colourful, flamboyant and intricate—are sought by collectors all over the world. He viewed painting as an extension



of skating and the subject matter of his paintings often revolved around skating and skaters. As a revolutionary for his sport, he carried with him the courage and style he brought to the ice and in his art.

On June 25th, 2015, friends and family of the skating community gathered at the Art Gallery of Ontario in Toronto to honour Toller's memory and launch the Toller Cranston Memorial Fund. On this evening, funds were raised through individual donors, and donations continue to be made in his name through the Canadian Olympic Foundation (COF).

The Toller Cranston Memorial Fund Athlete Award strives to continue this legacy. It was created to celebrate young skaters who display exceptional artistry on the ice at the Canadian Tire National Skating Championships in the novice and junior categories. The award honours his bravery while inspiring the next generation of Canadian skaters to explore the artistry of skating. This year, 14 young skaters were selected to receive the award. Each winner will also receive a free pair of industry-leading boots and blades courtesy of Jackson Ultima Skates. The awards were presented at various Skate Canada awards banquets



The COF and Skate Canada are proud to announce the Toller Cranston Memorial Fund Athlete Award winners for 2017:

- Brandon Day,**
Junior Men, Quebec
- Bruce Waddell,**
Junior Men, Ontario
- Corey Circelli,**
Novice Men, Ontario
- Dawson Nodwell,**
Novice Men, Alberta
- Triena Robinson,**
Junior Women, Alberta
- Katrine Denis,**
Novice Women, Quebec
- Natalie Walker,**
Novice Women, Ontario
- Evelyn Walsh & Trennt Michaud,**
Junior Pair, Ontario
- Marjorie Lajoie & Zachary Lagha,**
Junior Dance, Quebec
- Katerina Kasatkin & Corey Circelli,** Novice Dance, Ontario

“By committing himself to constant innovation he redefined the sport and he became an inspiration to other skaters to explore their own capacity and potential.”

Phillippa Baran

by former Olympic competitors, and family and friends of Toller’s from coast to coast, including Haig Oundjian and Toller’s proud sister Phillippa Baran.

“My brother Toller always believed that figure skating had unlimited potential for artistic vision and freedom of expression,” says Phillippa. “By committing himself to constant innovation he redefined the sport and he became an inspiration to other skaters to explore their own capacity and potential. Toller would be honoured and humbled to know that the artistry of young skaters is being recognized through this Award.”

The Toller Cranston Memorial Fund was established by the COF and supported by Skate Canada shortly after Toller’s death in 2015. The fund is a way to show appreciation for the artistry he brought to the world of figure skating and to financially assist young skaters who possess the same artistic values and style as he did.

“Toller had a vision for skating that was before his time. He brought art to the ice and changed the dynamic of the sport. We can see his influence in the balance of artistry and athleticism in our Canadian team,” says Skate Canada CEO Debra Armstrong. “Skate Canada

commends the Canadian Olympic Foundation for keeping Toller’s legacy alive through this memorial fund and for inspiring a younger generation of skaters to value the art of figure skating.”

It took Toller years of risk and courage to deliver his unique style when it was not as highly celebrated. Now, his artistry lives on in the next generation of groundbreaking skaters.

Left
Toller Cranston (right) poses with two influential figures in his life: English skater Haig Oundjian (left) and his coach Ellen Burka.

© Phillippa Baran



Moving Ahead Day By Day

The Education team is now in full speed working on many new and exciting projects. We are proud to introduce two major initiatives; the Olympic Day portal and Day of Pink 2017.

Above
Komak participates in
Olympic Day 2016.

coc 

Olympic Day 2017

Every year on June 23rd, Olympic Day is celebrated around the world as a commemoration of the Modern Olympic Games and as a call to action to adopt and maintain healthy active lifestyles while living the Olympic values: excellence, friendship & respect.

To offer a richer experience to the Canadian groups who would like to celebrate Olympic Day, the Education team is launching an online portal in which hosts can register their event and access resources, visuals and useful documents to help them plan their celebrations. The portal was launched on May 18th. If you are interested in hosting a celebration, sign up to the Canadian Olympic School Program's newsletter to receive detailed information via the Education website or reach out to the team directly at cosp@olympic.ca.

Day of Pink 2017

Day of Pink was created by two straight high school students when they witnessed a gay student being bullied for wearing a pink shirt. After intervening, they decided to buy and wear pink shirts in solidarity with their classmate. The movement quickly spread and is now supported by millions across the world as a celebration of diversity and raises awareness against homophobia, transphobia, transmisogyny and any other forms of bullying.

This year, the COC partnered up with the Canadian Center for Gender and Sexual Diversity to facilitate Day of Pink dialogues with Athlete Ambassadors across Canada. Over 25 dialogues took place reaching over 2000 students and generating countless meaningful conversations.

“One teenager that is a transgender individual shared his daily struggles at school and home. I was touched and saddened by their story. The conversation helped me realize the importance of educating people on the subject matter and having the courage to engage into dialogues” *Vicky Leblanc, Softball, Sydney 2000*

The Canada Games Are Coming

The Canada Games will bring a city and a nation together. No one wants that more than Jeff Hnatiuk, the President and CEO of the Winnipeg 2017 Canada Summer Games Host Society.

Winnipeg is the host of the Canada Summer Games for its 50th anniversary this year, featuring 16 sports across 21 sport venues, over 250 individual and team events, 4000 athletes and coaches, 20,000 visitors, and a major cultural festival. They are the largest multi-sport event dedicated to young athletes. The last time a large multi-sport event was hosted in this city was 18 years ago, during the Pan Am Games.

“Winnipeg feels like there’s still that leftover excitement from hosting the Pan Am Games in 1999,” says Jeff. “You talk to a lot of people here and people were involved in those Games. People are looking forward to getting engaged. The community’s really embracing the spirit of the Games for sure.”

The average population of each host city has been 111,840. Winnipeg, at 812,000 people in 2017, will be the largest city to host the Canada Games, under the careful planning of Jeff and his team of 65 staff members. However, he is quick to defer credit to the volunteers.

“We provide support but it’s really the volunteers who drive and implement the Games. I never want to be seen as the individual who is driving the operation. We have 6000 volunteers, add that to the 500 leadership volunteer roles and it truly is a volunteer-driven games. We just provide the support.”

The Games hope to expose youth and adults to elite level competition while increasing tourism for the city. With TSN and RDS each devoting 40 hours of national television broadcast, Winnipeg will truly be in the spotlight from its Opening Ceremony on July 28th to its Closing Ceremony on August 13th. New venues are also being constructed, including the Canada Games Sport for Life Centre which will host basketball and indoor volleyball. While the Games will be an excellent display of young talent, Jeff also plans to fully exhibit the city’s culture.

“The Canada Games are an athletic event that allows us to showcase Canada’s best young athletes and it provides them with that vehicle, but there are also the

other aspects of the Games. We’ve got a major festival site planned to showcase our arts and culture that will be programmed for 11 of the days.”

The Canada Games are truly a team effort, bolstering the community of Winnipeg both culturally and financially. This year, the economic impact is estimated at a \$153 million benefit.

“What’s not advertised as much is what the games do for the community and how they help build the community as well as the economic benefit. Sherbrooke [2013 Canada Games] realized about \$165 million benefit. Our \$153 million benefit is a fairly conservative estimate. We think once the games are done we think we will exceed that.”



From the construction of new sport venues to the close involvement of the Manitoban community, Canada Games is sure to leave a legacy throughout the province and the country.

“Hopefully it’s so special that they either want to stay longer or come back again.”

The Canadian Olympic Foundation (COF) recognizes the Canada Games as a key stepping stone for athletes on their way to the Olympic Games. The COF has granted \$500,000 to the Canada Games Council since 2014.

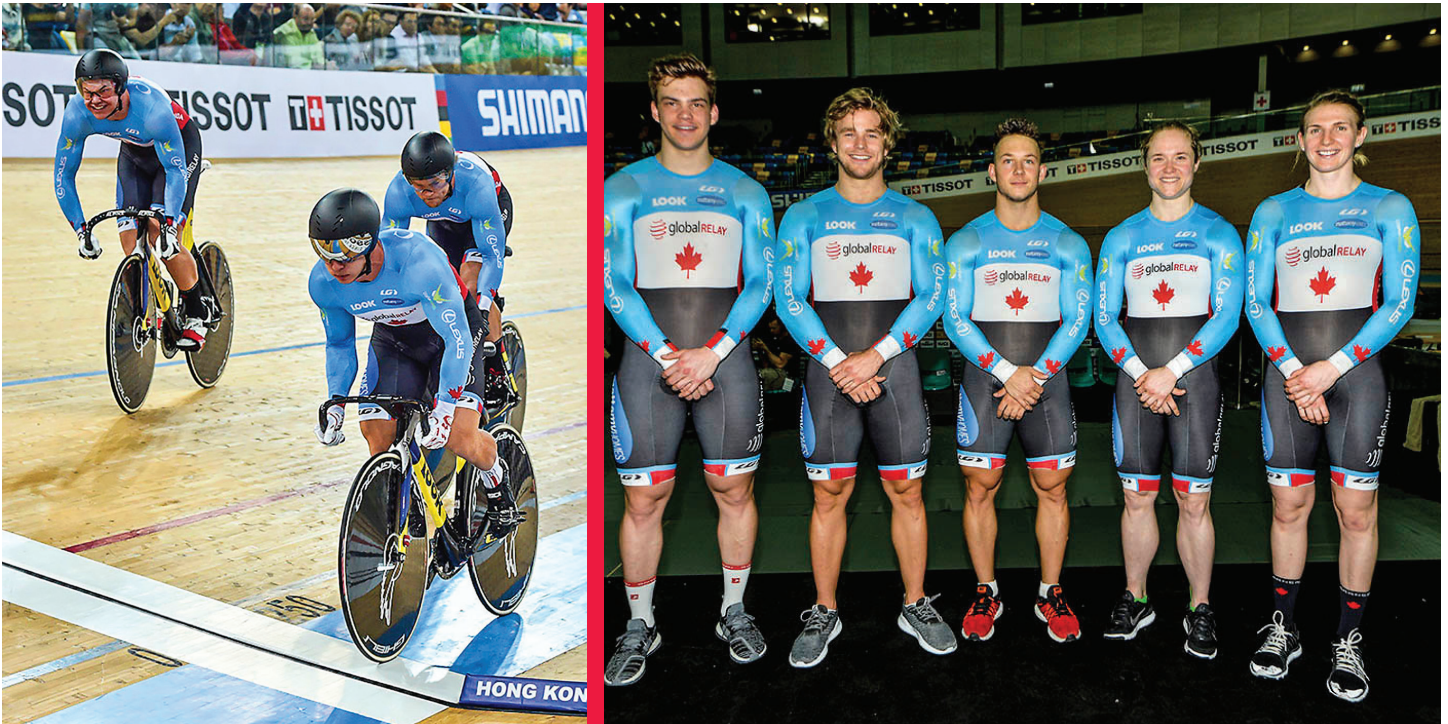
Above

A Canada Games organizing committee begins the 2017 Canada Games 50th Anniversary Flag Relay in Quebec City.

Canada Games Council

Patrice St-Louis Pivin:

ON TRACK FOR FUTURE SUCCESSES



Above
Patrice St-Louis Pivin (middle-bottom) competes in the team sprint with teammates Stefan Ritter (left) and Hugo Barrette (right) in the 2017 Track Cycling World Championships in Hong Kong.

Right
Patrice St-Louis Pivin (middle) poses alongside his Team Canada teammates at the 2017 World Championships in Hong Kong.

Rob Jones

A bit of good fortune and amazing physical qualities have combined to set powerlifter Patrice St-Louis Pivin, 24, on a path he would not have anticipated just a little over a year ago. And that path has since become an extraordinary journey...

How a successful Sherbrooke (QC) powerlifter who had never set foot in a velodrome in his life became a valuable member of the Canadian men's track cycling team - basically overnight - is a story that almost reads like fiction. However, all the right elements were there to set the athlete on a new track. It was just a matter of being in the right place at the right time, with the right skill-set and frame of mind, and the right people to make the magic happen.

Patrice tried cycling in Bromont (QC) once just to see if he would enjoy the sport enough to develop an interest for it, and immediately garnered solid results - but didn't pursue it further because he was still competing in his other sports. He was an active strongman,

powerlifting and cross-fit competitor with Canadian records, and that was his calling. Or so he thought.

In comes renowned Olympic cyclist Hugo Barrette who had heard, through a common friend, that Patrice - a cycling novice - was getting unbelievable results in power, strength, and endurance. That was enough to trigger his curiosity, and what he discovered pleased him immensely. This is where it all began.

Barrette knew that Patrice had no experience as a cyclist, but he saw in him good athletic qualities and a lot of raw power that might just convert very well to track cycling. So, Barrette invited him to come and give it a try with the team. And he did not disappoint. "After three days working with the team, the bodybuilding



coach told me about RBC Training Ground. I had never heard of the program before,” said Patrice about his stint with the team. And Barrette was there to encourage him to register and have his skills assessed as a potential future Olympian.

Not really knowing what he was getting into, he forged on and went to the Montreal RBC Training Ground event with one thing on his mind: give it his best shot. “I am generally confident, but I didn’t expect to be among the best in Canada. I had never had an opportunity to have my abilities tested in this way, and it was pretty amazing,” added Patrice.

Patrice remembers very well how things happened at the Training Ground event: “Of course I wanted to get a grant, but I went there with one thing in mind: perform well and show everyone that I had potential. My first event was the vertical jump, and as I was waiting for my turn to come, I could see the other athletes registering jumps at 30, 40, 50, 60 cm. I stepped on the plate and jumped 103 or 104 cm. Everybody went nuts around me!”

He goes on: “That’s when the experience truly started for me. I knew I could perform. But that’s when I realized that I truly had a chance to win this competition and go to Rio to witness what the Games truly were all about. I could feel it, and I never stopped believing from that moment on.” And sure enough, Patrice finished among the top 25 athletes selected to receive ongoing funding from the RBC Training Ground program, and the only one in cycling.

As exciting as this was, the next steps were to prove even more incredible.

A month after participating in the RBC Training Ground program, Patrice was packing his bags and moving to Milton to join the rest of the team. “My family thought I had lost my mind... I had a fulltime job for the past four years at the local papermill and I was earning about \$75K a year. I had a partner, a dog, a house, a car, a motorcycle... and I was leaving it all behind to go train

in a new sport with zero money,” Patrice explains.

“RBC Training Ground helps tremendously with coaching and living expenses, but camaraderie and support from my team was also very important to me. The boys helped me put food on the table at times.”

Now, a little over a year later with a top-10 finish in the World Cup team sprint event and a bronze medal at the Pan American Championships, his great performances are paying off and have made him a carded athlete for 2017 - which means more relief.

His eyes are set on Tokyo 2020, and he is determined to get there: “Tokyo 2020 has been on my mind from the moment I set foot at RBC Training Ground. I don’t plan on just cruising by and hoping for good performances. The Games are a major event, and I will do everything I can to make it there.”

Patrice is excited about the Games and knows that for now, he fits the team sprint profile perfectly as the lead rider. However, with more experience, he hopes to compete in the individual sprint event as well.

Until then, having exceeded all expectations in a very short period competing in a completely new sport, Patrice has a kernel of wisdom to share with aspiring young athletes: “Believe in yourself. Always. See, I didn’t think I could be among the best, but that one first jump was all I needed to believe.”

And he maintains that without Hugo Barrette acting as his mentor and guide, he would never have been discovered by the RBC Training Ground officials and likely would not have known that he was destined for a bright future as a track cyclist.

Left

Patrice St-Louis Pivin (right) gets ready for the team sprint with Stefan Ritter (left) and Hugo Barrette (middle) at the 2017 World Championships in Hong Kong.

© Rob Jones



Where the Money Goes

Above
Canada's figure skating squad celebrates their team silver at Sochi 2014.
Winston Chow/COC

Canada achieved historic success at the 2017 World Figure Skating Championships in Helsinki, Finland, thanks to the generosity of the Canadian Olympic Foundation's donors. Under the recommendation of Own the Podium, many of our competing sports have been able to thrive this season, including Skate Canada and Alpine Canada.

The Canadian Olympic Foundation (COF) invested \$50,000 towards targeted competitions and enabled a specific focus on international events such as the World Championships. The impact of these investments was clearly evident in Helsinki as Kaetlyn Osmond and Gabrielle Daleman finished 2nd and 3rd respectively, marking the first time Canada has had two women atop the podium. Meanwhile, Tessa Virtue and Scott Moir continued their dominance in ice dance in their undefeated season after a two-year hiatus, winning their third career world title. In almost all disciplines - Men, Women, Dance and Pairs - targeted athletes set new personal best or world best scores. This initiative also positions Canada extremely well for the team event at the Games. Pairs skater Meagan Duhamel spoke about the impact of your generous donations.

"I think with high performance athletes in Canada, their careers are riding on the support of others to help them," says Meagan. "When you're training and competing at that level, you don't have time for a full-time job. Your full-time job is your sport. I think that without the support from their country,

fellow Canadians, they wouldn't be able to dedicate themselves 100% to their sport."

Alpine Canada was granted \$265,000 to support competition and training costs for the men's speed and women's technical ski programs. This added support helped our top athletes extend their training season and get more days on the hill. Some of the training funds also supported "return to snow" training for injured 2015 World silver medallist Dustin Cook. The impact of these investments was clearly evident in the production of three medals at the 2017 World Alpine Championships. Erik Guay won gold in men's super-G and silver in men's downhill, while Manuel Osborne-Paradis claimed bronze in men's super-G.

World-class daily training environments in each sport are critical in ensuring that our athletes are prepared and performing at the highest level possible in preparation for the Olympic Games. The COF granted \$1.1 million to support training and competition attendance for 10 NSO programs and over 100 targeted athletes. This quality training coupled with experience in international competitions continues to allow our athletes and coaches to test themselves against the world's best. The impact of this support assisted in producing 21 medals in elite World Championship or XGames competitions in the most crucial pre-Olympic season.



Petro-Canada has supported more than 2,750 Canadian athletes and their coaches by providing more than \$9,900,000 in financial support since 1988. One of their programs aims to build tomorrow's Team Canada by helping athletes from the grassroots level.

The Fuelling Athlete and Coaching Excellence (FACE™) Program supports aspiring Olympic and Paralympic athletes before they qualify for government funding. Every year, 55 athletes are awarded a \$10,000 FACE grant, to be shared between the athlete and their coach. They often use these funds to cover the costs of training, equipment, coach education, and travel to competitions.

Andy White, a skeleton athlete who originally started in javelin, was adjusting to the nuances of a sliding sport when he started in Fall 2015. He turned out to be a natural, tying the Canadian push start record after only one year of training and placing in the top 10 overall in the North American Cup last month. Andy credits much of his success to his special relationship with his strength and conditioning coach, Cody Low.

Andy and Cody slid in and out of each other's lives, from both being involved in varsity athletics at the University of British Columbia to joining the same athlete development centre in Burnaby. But it wasn't until 2016 when Andy formally asked Cody to be his personal coach. Since then, they've developed an enjoyable, meaningful bond.

"It's a fun relationship because he always keeps it light in the group," says Andy. "We're always enjoying ourselves in our training sessions even when we're working hard. Cody knows when to keep us in line too when we're having too much fun so he has a great balance."

"Training needs to be fun," Cody adds. "Athletes are more likely to train their hardest and their best."

Petro-Canada Fuels Dedicated Duo

As the two of them exchange banter and compliments, they recognize that this opportunity would not be possible without the aid of the FACE program.

"It makes a huge difference for me," Andy explains. "Especially in a sport like skeleton where you're not only paying for your training but your travel and a lot of the equipment. Receiving the grant allowed me to purchase a sled and a decent one at that."

But perhaps the largest gift of all comes from his mom. "She's really been my inspiration throughout my athletic career. My mom actually passed in 2010 from breast cancer. Her wish for me was always to follow my dreams. I always try to live up to who she was to others and she's my inspiration. I think that's a huge gift she's given me."

Meanwhile, Cody takes note of his athletes' inspirational work ethic.

"I'm lucky to be part of that journey. Hearing their stories, their dedication, and being able to provide as much guidance as I can, to me is really rewarding. My athletes, young and old, and at every level - they always inspire me to get better and always to keep going."

Left
Andy White (left) and Cody Low keep it light during dry-land training.

Above
Andy White uses his training for an explosive start in skeleton.

 Petro-Canada
Andy White



Our Olympic hopefuls shouldn't have to rely on hope.

Since 1947, we've been helping Olympic athletes reach their Someday®. Now we're extending our support to the next generation of Canadian athletes. RBC Training Ground is giving previously undiscovered athletes the chance to explore their full athletic potential and pursue their Olympic dreams.

Let's Make Someday Happen™



UPCOMING EVENTS

Canada 150

As Canada celebrates her 150th birthday, several national organizations are taking part by celebrating Canadian culture, sharing Canadian stories, and creating new ones. Here are a few of these initiatives that you can join:

CBC – What’s Your Story

CBC has launched a national storytelling campaign encouraging Canadians to share personal stories about what defines Canada for them. CBC will select the most intriguing entries to share on their website. Some will be included in the digital and hardcover book *What’s Your Story? – A Canada 2017 Yearbook*, to be published in Fall 2017.

RBC – #Make150Count

RBC is giving thousands of young Canadians \$150 with no strings attached. To date, close to 3,000 Canadian youth have participated in RBC’s #Make150Count initiative and found many ways to give back, pay it forward and make a difference. Tell RBC how you would #Make150Count on Twitter. Tweet @RBC.



Hudson’s Bay – Grand Portage Fundraising Program

Hudson’s Bay is connecting The Great Trail from coast-to-coast-to-coast. Clothing pieces with Canada 150 branding will have a portion of the proceeds go towards the fundraiser, while limited editions items including a \$20 mini paddle as well as a \$5 paddle keychain will have 100% of proceeds going towards connecting and completing the Great Trail.

Above
RBC celebrates Canada 150 with their #Make150Count youth initiative.

 RBC

Upcoming competitions

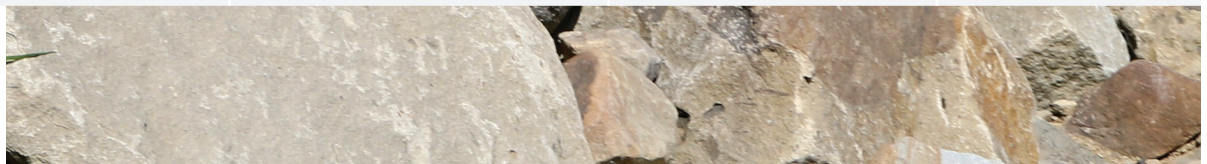
Please see the calendar below for some of the upcoming sporting events across Canada.



Right
Catharine Pendrel rides down the women's bike competition at London 2012.

Mike Ridewood/COC

DATES	SPORT	TITLE	CATEGORY	LOCATION
July 3-9, 2017	Athletics	Canadian Track & Field Championships	National Championship	Ottawa, ON
July 21-23, 2017	Volleyball	World Grand Prix 2017	World Grand Prix	Richmond, BC
July 28-August 13, 2017	Various (16 Sports)	2017 Canada Summer Games	National Multi-Sport Event	Winnipeg, MB
August 4-7, 2017	Swimming	Canadian Swimming Championships	National Championship	Montreal, QC
August 5-6, 2017	Mountain Bike	UCI Mountain Bike World Cup	World Cup	Mont-Ste-Anne, QC
August 12-13, 2017	Short Track Speed Skating	Short Track Speed Skating 2018 Olympic Team Selection	Sr. National Championship/Trials	Montreal, QC
August 16, 2017	Short Track Speed Skating	Short Track Speed Skating 2018 Olympic Team Selection	Sr. National Championship/Trials	Montreal, QC
August 18-27, 2017	Triathlon	ITU Multisport World Championships	World Championship	Penticton, BC
August 19-20, 2017	Short Track Speed Skating	Short Track Speed Skating 2018 Olympic Team Selection	Sr. National Championship/Trials	Montreal, QC





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