BRAVE IS UNBEATABLE



MAUDE CHARRON, WEIGHTLIFTING

DIFFUSEUR OFFICIEL CANADIEN
CANADA'S OLYMPIC NETWORK

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“THIS IS MAUDE CHARRON MEMBER OF TEAM CANADA.

When you see me on the world stage, I’m an Olympic gold medallist in weightlifting. What you don’t see is that I had to change weight classes to compete in the Olympics in Paris. In the lead-up to the Olympic games, my weight class was eliminated from the event. This was a big challenge for me as I had to completely change my training and preparation in order to drop to a new weight class. My path to repeat as Olympic champion may have changed, but I adapted too. I am preparing to be stronger than ever and show the world what I’m made of at the Olympics.”

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